

**2018 - 2019 TRACK AND FIELD
SANTA CLARA VALLEY ATHLETIC LEAGUE
DE ANZA DIVISION**

TEAMS: Gunn, Los Altos, Los Gatos, Lynbrook, Milpitas, Mt. View, and Palo Alto.

Week of Feb. 25

Bye - Gunn
Los Altos @ Milpitas
Mtn. View @ Los Gatos
Palo Alto @ Lynbrook

Week of March 4

Bye - Los Altos
Gunn @ Milpitas
Los Gatos @ Lynbrook
Palo Alto @ Mtn. View

Week of March 11

Bye - Milpitas
Los Gatos @ Gunn
Los Altos @ Palo Alto
Lynbrook @ Mtn. View

Week of March 18

Bye - Palo Alto
Gunn @ Mtn. View
Lynbrook @ Los Altos
Milpitas @ Los Gatos

Week of March 25

Bye - Mtn. View
Los Altos @ Gunn
Palo Alto @ Los Gatos
Milpitas @ Lynbrook

Week of April 1

SPRING BREAK
Bye - Lynbrook
Los Gatos @ Los Altos
Mtn. View @ Milpitas

Week of April 8

SPRING BREAK
Lynbrook @ Gunn
Milpitas @ Palo Alto
Mtn. View @ Los Altos

Week of April 15

SPRING BREAK
Bye - Los Gatos
Gunn @ Palo Alto

Tuesday, April 23

De Anza League Trials
@ Los Altos
3:00 Field / 3:30 Running

Thursday, April 25

De Anza League Finals
@ Los Altos
3:00 Field / 3:30 Running

Friday, May 3

SCVAL Championship Meet
@ Los Gatos
5:00 Field / 5:30 Running

Saturday, May 11

CCS Semifinal

Friday, May 17

CCS Finals

Friday, May 24 and

Saturday, May 25
CIF State Finals

ALL MEETS SCHEDULED ON SPRING BREAK MUST BE CHANGED, TO A MUTUALLY AGREEABLE DATE,
IF REQUESTED BY THE SCHOOL ON SPRING BREAK

Meet Limit		14	No team or athlete may compete in more than 15 meets	
Pre League Meeting	January	15	4:00 PM @ Santa Clara H.S.	
Start Practice	January	28		
First Scrimmage Allowed	February	11		
First Contest Allowed	February	18		
Last SCVAL Event Allowed	May	4		
C.C.S Entries Due	May	7		
First C.C.S Event	May	11		8.23.18
Post League Meeting	May	20	4:00 PM @ Santa Clara H.S.	
Last C.C.S Event	May	17		
CIF State Finals	Friday and Saturday	May 24 & 25		
Dual Meet Day	TBD			
Starting Times:	Dual Meets	3:30PM		
	Div. Trials/Finals	3:00 Field/ 3:30 Running	SCVAL Chmp. 5:00pm	
Chairpersons:	Curtis Liang-DA / Julie L'Heureux-EC			
A.D. Liaisons:	Curt Johansen (Gunn)			
C.C.S.	(408) 224-2994	FAX (408) 224-0476		
Peninsula Sports (Officials)	(877) 375-3301	FAX (831) 375-4029		
SCVAL Web site	www.scval.com	report scores 408-230-0452		